

ARP FOOT & ANKLE CLINIC, P.A.  
Dr. ERIC A. ARP  
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(870)425-7363

PREOPERATIVE ORDERS-IN OFFICE SURGERY

Please report to the **OFFICE** on \_\_\_\_\_ at \_\_\_\_\_ o'clock.

Reminders:

1. You will need to take it easy for one week after surgery, with limited weight bearing allowed.
2. You may take the medicine that you normally take the morning of surgery. **All blood thinner or aspirin need to be stopped 3 to 4 days prior to surgery (otherwise, surgery may have to be rescheduled).**
3. **DO NOT** return to work the day of surgery. You will need to ask the Dr. when you can return to work.
4. Ask the office if you will be able to drive yourself home after surgery. (Right foot patient's WILL need a driver.)
5. You will be wearing a post-op shoe or boot after surgery, if you have one at home, please bring it with you on your surgery day. If you do not have one, the charge for the shoe is \$27.00, due the day of surgery.
6. We will be administering a local anesthesia for your surgery. You will be able to have a small breakfast or lunch before having your surgery.